

Allergy/Intolerance Menu

Egg Soya Free Menu

Allergy / Intolerance:
Child Name/Names/Area :
Dates / Term:

Kent TKAT Autumn Winter 2025 2026

Implementation Date:

PLEASE READ BEFORE SERVING		<p>Only recipes with a corresponding code listed on the menu should be served to the pupil. Do not make any amendments to the special diet menu or offer any additional dishes.</p> <p>If the code for the dish is on the menu but on a different day, the menu item is suitable for the allergies mentioned in the title. e.g. Fishfingers can served on a Tuesday even if they are on a Friday on the menu.</p> <p>*All recipe codes are given in bold (e.g., F6) - to find the primary recipe on Sharepoint start your search with the letters PRI - e.g., PRI F6.</p>				
DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	NEW V271 BBQ Vegan Sausage Pasta (No Garlic Bread)	NEW C124 Chicken Biryani	C4 C5 Roast Chicken, SD40 Stuffing, SD82 Roast Potatoes and SD118 Gravy		F6 Fishfingers or F1 Salmon Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2		BB3 Veggie Burger in a SD17 Bun with SD6 Potato Wedges	V232 Vegetarian Wellington with SD82 Roast Potatoes and SD118 Gravy	V10 Potato & Courgette Layer Bake	V191 Cheese & Bean Pasty with SD5 Chips & SD14 Tomato Sauce
	Alternative Meal	SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F17 Plain Tuna (No Mayonnaise)				
	Vegetables	SD12 Green Beans & SD19 Sweetcorn (No Coleslaw)	SD102 Vegetable Medley (No Coleslaw)	SD28 Carrots & SD21 Swede (No Coleslaw)	SD19 Sweetcorn & SD26 Peppers (No Coleslaw)	SD22 Baked Beans & SD18 Peas (No Coleslaw)
	Dessert	D56 Cheese and Crackers	NGCI12 NGCI GLUTEN FREE CHOCOLATE CAKE FREE FROM MAIN 14 ALLERGENS with D2 Custard	D224 Fruit Medley	NGCI12 NGCI GLUTEN FREE CHOCOLATE CAKE FREE FROM MAIN 14 ALLERGENS with D2 Custard	D235 Jelly with Mandarins
DATES	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	NGCI60 NGCI GLUTEN FREE MILK FREE HERBY PIZZA WHIRLS - Free from the main 14 allergens with SB9 Tomato Pasta	SD8 Spaghetti B48 Bolognaise	QB14 BBQ Chicken with QB16 Seasoned Potatoes and QB3 Sweetcorn Salsa		F6 Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2			QB19 Quorn with QB16 Seasoned Potatoes and QB3 Sweetcorn Salsa	V303 Creamy Chickpea and Coconut Curry with SD84 Rice	V27 Cheese Whirl with SD5 Chips and SD14 Tomato Sauce
	Alternative Meal	SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F17 Plain Tuna (No Mayonnaise)				
	Vegetables	SD19 Sweetcorn & SD18 Peas (No Coleslaw)	SD28 Carrots & SD20 Broccoli (No Coleslaw)	SD19 Sweetcorn & SD18 Peas (No Coleslaw)	SD102 Vegetable Medley (No Coleslaw)	SD22 Baked Beans & SD18 Peas (No Coleslaw)
	Dessert	NEW D267 Gingerbread Cookie	NGCI11 NGCI GLUTEN FREE VANILLA CAKE FREE FROM MAIN 14 ALLERGENS	D223 Fruit Salad	D243 Sticky Toffee Apple Crumble with D2 Custard	D57 Vanilla Shortbread
DATES	WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	V318 Macaroni Cheese	NEW C125 Chicken 50% Enchilada Bake with SD81 Paprika Wedges	GLUTEN FREE 58009 P3 Pork Sausage with SD82 Roast Potatoes & SD118 Gravy	C102 Mild Caribbean Chicken with GR5 Golden Rice	F6 Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2	NEW V263 Chefs Special Lentil Curry with SD84 Rice	V302 Tomato Pasta	V167 Vegan Sausage with SD82 Roast Potatoes & SD118 Gravy	V306 Caribbean Stew with GR5 Golden Rice	
	Alternative Meal	SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F17 Plain Tuna (No Mayonnaise)				
	Vegetables	SD18 Peas & SD12 Green Beans (No Coleslaw)	SD102 Vegetable Medley (No Coleslaw)	SD28 Carrots & SD35 Cabbage (No Coleslaw)	SD19 Sweetcorn & SD12 Green Beans (No Coleslaw)	SD22 Baked Beans & SD18 Peas (No Coleslaw)
	Dessert	D85 Oaty Cookie	D236 Pear Crumble with D2 Custard	D225 Fruit Salad	NGCI11 NGCI GLUTEN FREE VANILLA CAKE FREE FROM MAIN 14 ALLERGENS with D2 Custard	FRESH FRUIT

ALLERGY INFORMATION: Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/ intolerance, then please email info@caterlinktd.co.uk for someone to contact you.

Pupil Identification: Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.